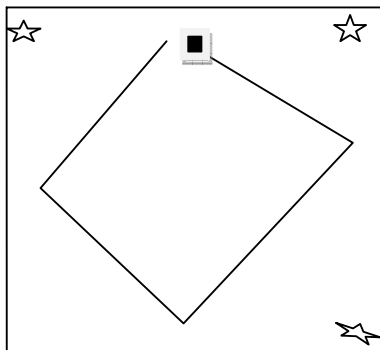


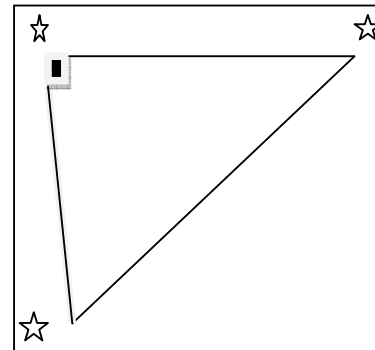
Make up – nice *blusher* pink or red...*eye shadow* to match costume colour. Black *eyeliner* and *mascara* eye lashes may be worn if would like to...red or pink bright *lipstick* something the judges can see....*foundation* may be worn to give overall smooth finish on the face. *nails* can be painted to match dance costume if you like ...can be creative with make up... *Fake tan* is optional it doesn't make you dance any better just makes you look more presentable more worn by intermediates and championship graded dances if you wish to tan you can. **Beginners** no glitter just make up and no big earrings. No flowers or hair pieces in hair just a coloured hair band to match costume. **Starter's** costumes can be worn with matching accessories make up bright and looking immaculate. No stones on costumes till in intermediates.

Hair - no hair down.. Matching costume with any bands and head pieces..Quiffs, plats, curls and pony tails are all good... smooth finish to the hair no mess!!Will need hair grips hair spray comb and brush. Head pieces and feathers must be in firmly to ensure they do not fall out. all hair smooth and not messy.

Floor craft judges ... start in front of a different judge every time you dance on the dance floor and run to the judge not to an empty space ... stay at edge of the dance floor



The box = the dancer moving to an empty space will not let the judges see you star = judges.....keep to edge of floor.....



Incorrect!!

Correct!!!

Courtney and Justine can do private lessons to refresh or start a new solos or pairs £20 for 40 mins on Thursdays from 6.30pm ask if you want to book in.

Comps everyone's here to help if any 1 needs hair and makeup done please ask.

Losing lives is important at comps please take A.D.F.P cards at all times!

Small team head bands to be worn and costumes have been recently washed and named on bags.

Older team postponed until numbers are up ... gym class technique class and slow and street class alternated each week please bring pen and pad to write...

Drink and snack to bring to class on Thursday no fizzy drinks...